

WHAT DO ATHLETIC THERAPISTS DO?



We treat people who get injured and help them recover.

We are experts in healing:



muscles



bones



joints

WHO DO WE TREAT?

Anyone, from all walks of life



Steve sprained his neck during his sleep



Sarah slipped on ice on her way to school



Jon injured his back during soccer

HOW DO WE HELP YOU?



PREVENTION

We prevent or minimize the possibility of injury.



ASSESSMENT

We evaluate the type and severity of injuries.



EMERGENCY CARE

We are usually the first to respond when any injury occurs.



REHABILITATION

We prepare individuals to re-establish their pre-injury lifestyle.



RECONDITION

We customize fitness programs based on individual goals.

WHERE CAN YOU FIND US?



CLINIC



UNIVERSITY



ONLINE

Try looking into your closest healthcare clinic. Even some post-secondary institutions have an AT clinic. But you can always go to **yourfinishline.ca** to find an athletic therapist near you.